

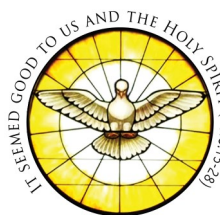
St Christopher's Cathedral Parish, Canberra

(including St Peter Chanel's Church, Yarralumla)



4th Sunday in Ord.
Time, Year B
28 January 2024

Archdiocese of Canberra & Goulburn
Archbishop: Most Rev Christopher Prowse DD STD
Administrator: Fr Trenton van Reesch
Assistant Priest: Fr Alexander Osborne



YEAR OF THE
HOLY SPIRIT
August 2023– 2024

PARISH OFFICE

55 Franklin Street, Forrest ACT 2603 (02) 6239 9846 (ph)
cathedral@cg.org.au www.cg.org.au/cathedral
Online Payments Link: www.bpoint.com.au/payments/sccp
Parish Secretary: Anita Piper — 8:30am-4:30pm Monday to Thursday. Office Closed Friday-Sunday
Accounts Officer: Karina Widjaja—8am-4pm Friday

Sunday Mass

St Christopher's

Cnr Canberra Ave & Furneaux Street, Forrest (Manuka) ACT

Sat. Vigil: 5.00pm

Sunday: 8.00am,
11.00am (livestreamed),
5.00pm

St Peter Chanel's

Cnr Weston & Loch Streets,
Yarralumla ACT

Sunday: 9.30am

Weekday Mass

St Christopher's

Monday to Friday: 7.30am &
12.15pm

Saturday & Public Holidays:
9.00am & 12.15pm

St Peter Chanel's

Tuesday: 5.30pm

Reconciliation

St Christopher's

Wednesday: 11.30am-12.00noon

Thursday: 6.00 - 6.30pm

Saturday: 11.00am - 12noon

St Peter Chanel's

Tuesday: 6.00 - 6.30pm

Adoration

St Christopher's

Monday to Friday: 5.00-6.00pm

Rosary at the Cathedral

Mon-Fri 8am, Sat 11:40am, Sun
4:45pm

Baptisms

St Christopher's:

2nd & 4th Sundays: 12.30pm

St Peter Chanel's:

3rd Sunday: 10:30am

Weddings

St Christopher's: Saturday

1.30pm & 3.00pm

St Peter Chanel's: By arrangement

In the Gospel for the 4th Sunday in Ordinary Time, the people in the synagogue react to Jesus, whose teaching leaves a 'deep impression' upon them. Jesus was unlike anyone they had ever heard speak in the synagogue before. He taught with an authority they had not seen in the scribes whom they were so familiar with (Mk 1:22). What was it about this man that caused such a reaction?

Nobody has ever taught like Jesus. Not only did he speak with authority – in that he could cast out evil, as we see in today's gospel – but he spoke with an authority which was reliant upon no one else but Himself. This perhaps was the most perplexing and indeed aggravating thing to the Jewish leaders of the day.

When the rabbis taught in the synagogue, they would often quote one expert, opinion and tradition after another, gradually, and logically, making links, all the way back to Moses. But now, Jesus spoke with the authority of God Himself. Jesus spoke not of the Word, but as the Word. Indeed, even the unclean spirit itself cries out: "I know who you are: the Holy One of God" (Mk 1:24).

Jesus teaches with an astonishing authority over spirits, over nature, and over all other things – for He is the Lord of all, the Word of God now in our midst!

Let us then, as St Paul exhorts in the second reading, give undivided attention and devotion to the Lord, most especially when he speaks. Let us have the Word of God at the centre of our lives – of all we are, of all we do.

Saint Jerome once observed "When we approach the [Eucharistic] Mystery, if a crumb falls to the ground we are troubled. Yet when we are listening to the word of God, and God's Word and Christ's flesh and blood are being poured into our ears yet we pay no heed, what great peril should we not feel? (Jerome's Commentary on the Psalms [In Psalmum 147: CCL 78, 337–338]).

So friends, let us forever remain attentive to the God who does not remain silent, but speaks to us each day through His Beloved Son – Whoever has ears, let them hear (Matt 11:15).



NOTICES

PARISH MINISTRIES

Director of Music
Ms Jaki Kane

RCIA
Miss Becky Langworthy
Contact Office

School of Religion
Miss Chiara Catanzariti

Youth Ministers
youth.cathedral@cg.org.au

Weekly Liturgical Calendar

Mon Jan 29 4th Week in Ord. Time
Tues Jan 30 4th Week in Ord. Time
Wed Jan 31 4th Week in Ord. Time
St John Bosco
Thu. Feb 1 4th Week in Ord. Time
Fri. Feb 2 4th Week in Ord. Time
Presentation of the Lord
Sat. Feb 3 4th Week in Ord. Time
Sun Feb 4 5th SUNDAY in Ord. Time
Yr, B

PARISH GROUPS

St Vincent de Paul

Good Shepherd Prayer Group
Wednesday at 7pm SPC
Parish Room (Feb-Dec)

Christian Meditation
Saturday at 4:30pm SPC

Other Communities

Spanish Community
First Sunday of the month at
11.30am SPC

African Community
Second Sunday of the month at
11.45am SPC begins Feb.

Filipino Community
First Sunday bi-monthly at
5.00pm SPC

For details of any of the
above, contact the Parish
Office.

ST VINCENT DE PAUL: VOLUNTEERS NEEDED— Would you like to work with fellow parishioners to support people in need in our community in 2024? St Christopher's Parish has two St Vincent de Paul Society conferences, one for Manuka (including Forrest, Barton, Kingston and Griffith) and one for Yarralumla (including Red Hill and Deakin). The Yarralumla Conference is currently seeking new members to respond to people in need in our parish. The Conference meets fortnightly on a Monday evening, and members share in spiritual fellowship, respond to calls to the St Vincent de Paul Emergency Helpline, provide bread to approximately 20 households each Tuesday night, and regularly visit isolated individuals in our area. If you would like to learn more, please contact Siobhan Reeves on 0401 183 351.

Art Exhibition John XXIII College— Works of well-regarded Dominican Korean Artist Fr Kim En Joong OP. Cocktail opening reception: Friday 2nd of February. 5.30 – 8.30PM. **Saturday 3 February 10AM – 12.30PM.** Tickets at <https://bit.ly/3HqcR9H>

VOCATIONS DINNER at Archbishop's House—Thursday 8 February at 6pm. For men interested in discerning a call to the Priesthood. A hearty meal provided with insightful discussions & prayer. To rsvp please contact vocations director Fr Emil emil.milat@cg.org.au 0414 523 036.



CATHOLIC BOOKSHOP— Books to develop your faith and a wide range of gift ideas. Open Monday to Friday 9:30am-5pm and Saturday 9am-1pm. Located in Manuka behind the Cathedral on the ground floor of the Archdiocese Office building.



ST THOMAS MOORE FORUM— How Christianity Triumphs in a Newly Pagan Society, **Wed 20 Mar 7.30pm- 9pm**, Speaker: Greg Sheridan, Foreign Editor, The Australian Newspaper & Author. Register Now: <https://bit.ly/stmf-200324> Engaging an AI Generation **Fri 14 Jun 6.45pm**, Speaker: Fr Rob Galea, Founder FRG Ministry. Register Now: <https://bit.ly/stmf-140624>

Loreto Ex Students' Reunion— in Canberra Saturday, **16 March 2024** For further details: loreto.canberra@gmail.com

SEEKING ACCOMODATION—A young catholic professional woman is moving to Canberra for work and is looking for a flatshare/granny flat to reside. A room in Barton, Kingston, Griffith, Forrest or Campbell is preferable with a flexible budget of approximately \$280-\$340 (open to consideration). Contact Jacinta on 0468 496 033.

NOTICES

Giving and Receiving— Direct debit and QKR options are available, as well as TapnGo machines **Thank you sincerely for your generosity.** If you are able, perhaps consider donating to 1st and 2nd collection via direct debit . **The First collection: contributes to clergy of the Archdiocese.** If you make an offering through direct debit, please include that you are a parishioner of the Cathedral Parish.

BSB: 062-786 Account Name: CATHEDRAL
Bank Account: 000029248 Reference: FORREST & SURNAME

The Second collection: contributes to parish mission and maintenance. If you would like to give and are not currently registered for Planned Giving, please deposit into the following bank account:

BSB: 062786 Account Name: St Christopher's Cathedral
Bank Account: 000015080 Reference: Planned Giving # and Surname (only current Planned Givers);
or Donation (parishioners not registered Planned Givers).

For more information or to set up monthly payments via direct debit, please contact the Parish Office. For step by step Qkr! instructions, visit cgcatholic.org.au/2016/10/something-beautiful-god/ **Thank you for your generosity**

LIVING WORD - ARCHDIOCESAN DAILY GOSPEL REFLECTIONS –

Want to stay connected to Christ and his Gospel every day? Sign up for FREE AT cgcatholic.org.au/LivingWord/

CARETAXI: SAFE CHURCH TRANSPORT— Mass, Medical/GP appointments, shopping trips, recreational trips, and more; qualified and caring drivers. Visit caretaxi.com.au, or 0451 734 334.

Caritas Australia's Gaza Crisis Appeal— The sudden escalation of hostilities in Israel and Gaza has seen unimaginable impacts for the people affected by this conflict. Around 1.5 million people have been displaced in Gaza with immediate food, shelter, health, and psychosocial needs. With your compassionate generosity, we can provide emergency support to people displaced and affected by the hostilities to meet basic needs and cope with trauma. **Please donate to Caritas Australia's Gaza Crisis Appeal.** You can donate online www.caritas.org.au/gaza or phone 1800 024 413

CathNews daily newsletter to your email—CathNews is the free daily news service provided by the Australian Catholic Bishops Conference. It features stories from Australia and around the world. Click on the QR code provided for your free subscription.

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Year of the Holy Spirit

PRAYER TO THE HOLY SPIRIT FOR THE ARCHDIOCESE

O God, who by the light
Of the Holy Spirit,
Did instruct the hearts
Of the faithful,
Grant that by the same
Holy Spirit we may be
truly wise and ever rejoice in His
consolations.
Through the same
Christ our Lord

Amen.

AUGUST 2023—AUGUST 2024

We pray for...

Those who are ill: Nicoletta Ricciuti, Sonja Vocisano, Archie Ferris, Tony Dickins, Marilena Damiano Fr Greg Beath, Sophy Jacob, Alla Skorokhodova, Tony Kelly, Susie Menadue, Geraldene Ford, Kevin Conlan, Maja Marija Olip, McKenzie Killian, Fr Bill, Leung Man Kon, Beryl Johnson, Florencio Fariña, Alejandra Martinez, Colliss Parrett, Arianna Vignale, Stella Lazar, Rod Duncan, Paul Mychailuk, Kalum, Nicholas Dyne.

Anniversaries of death: Julian Borg, Georgia Hurley, Mary Walshe, Silvio Cadona, Sylvia Crossin, Eleanora Gaider, Sheila Semecky, Reginald Gallagher, Des Black, Kathleen Kelly, Margaret Lyons, Vernon Davies, Margaret Mumford, Allen Blundell, John Stephens, Elizabeth, Bill, Hannah & Phoebe Allan, Arthur Burt, Helen Burt, Margaret Burnell, Josef Charles Stefaniak, Rhys Summergreene, Margaret Riley, Julian Radjam, Katarina Imsirovic, David, Bernard & Patricia Shepherd, Peg, Kevin, Bede Guthrie, Desiree Parker

Recently Deceased: Joan Percy (mother of Father Tony Percy), Ray Finnegan, Margaret "Peggy" Byrnes, Giysetino Ricciuti, Rathesh Fernando (brother of Fr Rembert Fernando) Geraldine Conlan, Neville Reece, Zander Balmaceda, Kevin Wellspring (Father of Fr Julian Wellspring)

4th Sunday in Ordinary Time —Year B — 27/28 January



Cathedral QR code

Entrance Antiphon: Save us, O Lord our God! And gather us from the nation, to give thanks to your holy name, and make it our glory to praise you.

Responsorial: If today, you hear his voice, harden not your hearts

Gospel Acclamation: Alleluia, alleluia! A people in darkness have seen a great light: a radiant dawn shines on those lost in death Alleluia!

Communion Antiphon: Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.

First Reading

Deuteronomy 18:15-20

Moses said to the people: ‘Your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. “Do not let me hear again” you said “the voice of the Lord my God, nor look any longer on this great fire, or I shall die”; and the Lord said to me, “All they have spoken is well said. I will raise up a prophet like yourself for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not commanded him to say, or who speaks in the name of other gods, that prophet shall die.”’

Second Reading

1 Corinthians 7:32-35

I would like to see you free from all worry. An unmarried man can devote himself to the Lord’s affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world’s affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman, like a young girl, can devote herself to the Lord’s affairs; all she need worry about is being holy in body and spirit. The married woman, on the other hand, has to worry about the world’s affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.

Gospel

Mark 1:21-28

Jesus and his followers went as far as Capernaum, and as soon as the Sabbath came Jesus went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority. In their synagogue just then there was a man possessed by an unclean spirit, and it shouted, ‘What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.’ But Jesus said sharply, ‘Be quiet! Come out of him!’ And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. ‘Here is a teaching that is new’ they said ‘and with authority behind it: he gives orders even to unclean spirits and they obey him.’ And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

READERS ROSTER JANUARY

	Lectors		Eucharistic Ministers		
	Mass	27/28 Jan	3/4 Feb	27/28 Jan	3/4 Feb
5.00pm (SCC)		Samantha Hazlett Ruth Meadows	Edwina Hyman Mark Hyman		
8.00am (SCC)		Joe Zavone Louise Zavone	Zvon Seslja Dione Smith		
9.30am (SPC)		Damian Balachandran Irene Maranan	Raphael Molu Tarinya Hannedege		
11.00am (SCC)		Les Buszynski Cecilia Flores	Bronwen Grey Jacqui Ramesh	Edwina Hyman Leeann Galloway	Jacqueline Hipwell Leeann Galloway
5.00pm (SCC)		Anthony Brierley Solange Pereira	Samuel Thatcher Sarah Thatcher		

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**St Christopher’s Cathedral Parish encompasses the areas of Barton, Causeway, Deakin, Forrest, Fyshwick,
Griffith, Kingston, Manuka, Parkes, Red Hill, Yarralumla**